



OBT

OBT Course Outline

LEVEL 2 AWARD IN WORKING AT HEIGHT

Main Aims and Key Benefits:	This course teaches the principles of safe working at height and the importance of risk assessment.
Course Content:	<ul style="list-style-type: none">▪ To understand the Working at Height Regulations 2005▪ Describe your responsibilities under the Working at Height Regulations 2005▪ Know the risks of working at height▪ Understand how to work safely on ladders and step ladders
Training Methods:	<ul style="list-style-type: none">▪ Presentation▪ Group discussions▪ Practical
Who will benefit:	Members of maintenance teams and any other employees required to work at height
Duration:	3 hours
Certification:	First Response Training
Training Provider:	First Response Training